

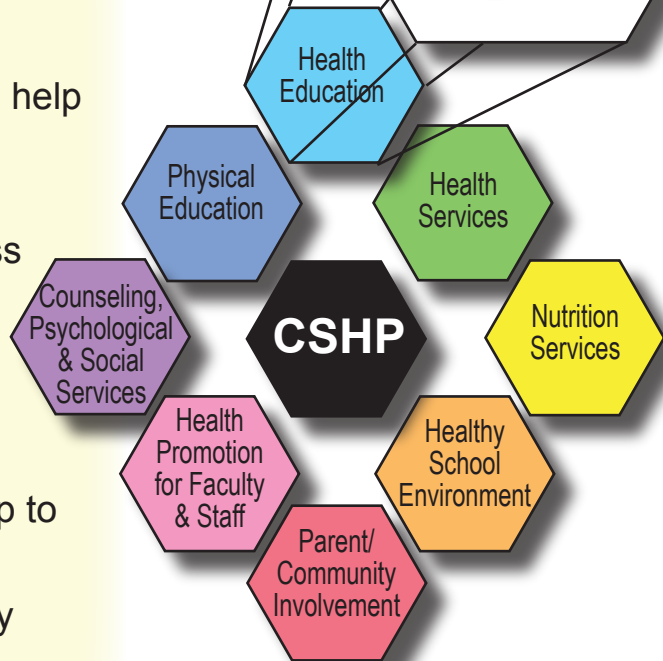
# Michigan Model for Health® ...

## The Model for Healthy Kids



### The Michigan Model® delivers... Higher Academic Achievement and Lower Health Care Costs

- Comprehensive school health programs help students adopt healthy behaviors and attitudes, saving future medical costs.
- Students make better academic progress when they are healthy and feel safe at school.
- Students need information and support as they face health risks.
- Health education helps students grow up to be healthier, happier adults.
- Ultimate goal: Young people with healthy lifestyles.



## Efficient and Effective Statewide Infrastructure

- ❖ State base grant secures an additional \$4.5 million in federal and local **matching funds** to support programs and services promoting healthy youth and families.
- ❖ Technical assistance to help schools meet mandates in the **Michigan School Code**, such as health and physical education curriculum requirements, school safety requirements, HIV training for teachers, immunization requirements, blood-borne infectious disease trainings for staff, administration of medications guidelines, and sex education advisory council requirements.
- ❖ Technical assistance to help schools meet the **mandates** of No Child Left Behind Act 2001, Education YES!, Persistently Dangerous Schools, and the Michigan Merit Curriculum.
- ❖ Technical assistance to help schools develop their **local wellness policies** as required by federal law.
- ❖ Align efforts with current **zero-to-five** initiatives, including early childhood health education beginning in kindergarten.
- ❖ Provide high quality and rich variety of **professional development** on comprehensive school health topics.
- ❖ Provide a mechanism to **continuously update and disseminate** the *Michigan Model for Health*® curriculum so that it is medically accurate, based on research, and responsive to current health issues.

**MORE...**



- ❖ Provide site-based assistance to schools regarding **critical health issues** that demand an immediate response by schools and communities, such as Pandemic Flu and Avian Influenza.
- ❖ Help local schools **coordinate** school health programs, including classroom instruction in health and physical education, family involvement, health services, counseling, food services, school environment, and health promotion for staff.
- ❖ Coordinate information, strategies, and systems to **avoid duplication** of services and support the delivery of **best practice models** of professional development and technical assistance in health education.

## Student and Family Services

- ◆ One and a half million students in kindergarten through grade twelve receive model health education for \$1.50 per pupil.
- ◆ 3,906 teachers from public school districts, charter academies, and non-public schools received professional development on teaching health and reducing risks, such as obesity, violence, and drug abuse; 10,352 participated in health-related workshops.
- ◆ Thousands of families learn how to help their children be healthy using the Michigan Model's Family Resource Sheets.
- ◆ 71,181 people received Medicaid enrollment information.
- ◆ Regional School Health Coordinators, at twenty-five school health coordination sites across Michigan, provide teacher trainings, research-based health curriculum, classroom resources, and technical assistance for their region.

## For More Information

- Kyle Guarrant, Supervisor, Coordinated School Health and Safety Programs, Michigan Department of Education, (517) 335-0565, [guarrantk@michigan.gov](mailto:guarrantk@michigan.gov).
- Karen Yoder, Michigan Department of Community Health, (517) 335-8908, [yoderk@michigan.gov](mailto:yoderk@michigan.gov).
- Your regional school health coordinator: Find a list of the regional school health coordinators at [www.emc.cmich.edu/michigan/how.htm](http://www.emc.cmich.edu/michigan/how.htm). Find a map of the school health regions at [www.michigan.gov/documents/State\\_Map\\_-\\_Coordinator\\_Regions\\_no\\_hyperlink\\_150785\\_7.pdf](http://www.michigan.gov/documents/State_Map_-_Coordinator_Regions_no_hyperlink_150785_7.pdf).
- The Comprehensive School Health Coordinators' Association at [www.cshca.org](http://www.cshca.org).

