



# Program Evaluation Results



Research conducted by the Jean Shope, Ph.D. of the University of Michigan and published in the *Journal of Drug Education*, Volume 26, Number 4 - 1996, demonstrated that the Michigan Model<sup>®</sup> substance abuse lessons had a statistically significant positive impact in curtailing rates of alcohol, tobacco and marijuana use in middle school students.



A 1996 national program analysis done by Drug Strategies Inc., of Washington, D.C., designated the Michigan Model<sup>®</sup> as one of the top substance abuse prevention programs in the United States. The Michigan Model<sup>®</sup> was the only comprehensive health program to receive this "A" designation. As a result, the program has been featured on ABC Evening News, CNN, Good Housekeeping and Prevention magazines.



A 1998 "Safe Schools, Safe Students - Guide to Violence Prevention Strategies" also done by Drug Strategies Inc., rated the Michigan Model<sup>®</sup> as one of the best violence prevention program in the United States.  
[www.drugstrategies.com/](http://www.drugstrategies.com/)



Ongoing research on the Michigan Model<sup>®</sup> has looked at what lessons are being implemented in the classroom (program fidelity) and the effectiveness of teacher training (unpublished data, Shope et. al. 1997). Evaluation plans have been developed for student outcomes but no funding has been identified for the implementation of a comprehensive Michigan Model<sup>®</sup> evaluation.



Michigan Model<sup>®</sup> Parent Surveys, returned by more than 5,000 families, indicated a high satisfaction with the program and the opinion of parents, in this nonrepresentative sample, that the school health program is having a very positive impact on their children's health behaviors. The Parent Survey was last conducted in 1999.



In the 1999-2000, school year research funded by the Skillman Foundation and conducted by Wayne State University demonstrated that the Michigan Model<sup>®</sup> had a significant impact on improving students abilities to resist peer pressure and on their use of alcohol and marijuana.



In 2001, the U.S. Department of Education's Expert Panel on Safe, Disciplined, and Drug Free Schools designated the Michigan Model<sup>®</sup> as one of 44 promising programs that met the federal criteria for program effectiveness. This designation allows the Model to be funded with the Drug Free Schools federal allocation that is made available to all state and local schools. [http://www.ed.gov/offices/OSDFS/exemplary01/2\\_intro2.html](http://www.ed.gov/offices/OSDFS/exemplary01/2_intro2.html)



The Collaborative for Academic, Social, and Emotional Learning (CASEL) has cited the Michigan Model as a CASEL SELECT program in *Safe and Sound*, a resource guide available online at [www.casel.org](http://www.casel.org).