

High School PAL Faculty Advisor Meeting  
October 7, 2011, 8:15 – 10:15 a.m.  
Prevention Network, Lansing



**Welcome (8:15 - 9:15 a.m.)**

- **Introductions/Sharing—3 minutes per person to share the highlights of what your school is doing.**  
Everyone present shared news of their PALs and schools.
- **Housekeeping/Announcements**
- **PN Grant Availability—Ken Dail**  
Unfortunately, due to budget cuts, there will be no grant funds available until spring.

**Old Business (9:15 - 9:45 a.m.)**

- **Missing PAL Paperwork**  
I will be sending packets from the meeting to advisors who were unable to attend. I will also enclose the forms that need to be completed from last school year. Please complete these forms and fax them to me at 517-543-4870.
- **Summer PAL Training—June 2011**  
See evaluations in packet. Personally, I was really pleased with how training went and hope your students were also.
- **Evaluations, Problems, and Suggestions**

**New Business (9:45 - 10:15 a.m.)**

- **PPS Prevention**
  - **MModel Emergency Preparedness information (grades 7-12)**  
MModel has added emergency preparedness information with activities. If you are interested, please contact me.
- **Professional development schedule**  
Information included in packet
- **County Substance Abuse Prevention Coalitions**  
Information included in packet
- **MiPHY 2012**  
This school year is the time for school districts to participate in the MiPHY survey. For those of you who are not familiar with it, MiPHY gives schools incredible data to use to make data driven decisions. The county substance abuse prevention coalitions use the aggregated data for the same purpose, so having schools participate (school data is not reported to anyone except the district) is very important for a good county sample.

- **PAL Paperwork for 2011-12—Work Plans**  
Please note that because all of our funding comes from Mid-South Substance Abuse, you MUST do at least one project that is prevention of alcohol or tobacco. Participating in a “Most Teen’s Don’t” training and doing a project around that is a great way to fulfill that requirement.
- **Planning for 2011-12 School Year—PAL Calendar & Special Days**  
Information included in packet
- **PAL Exchange Day—November or December 2011**  
I’ve included the planning instructions for Exchange Day. Please include advisors who were unable to attend the kick-off as you plan.
- **Topical Trainings:**
  - **Most Teens Don’t/Above the Influence**  
We will be doing a “Most Teen’s Don’t” training, and I would like to have it in the county rather than here at EISD.
  - **Reach Out Now/Teach In Media Training**  
We will probably not do this.
  - **Crisis Response**  
There was a lot of need reported, so we will have a Crisis Response training.
- **PAL Website—Comments and Suggestions**
- **Problem Solving and Concerns**  
We used a suggestion circle model to brainstorm ways to mentor 500 freshman with only 24 PALs. Suggestions included:
  - Mix It Up Day
  - Use other groups such as SADD or National Honor Society to help
  - Break it down and mentor students who are most at risk
  - Use “Silent Mentoring”
  - PALs present to freshman seminar to check in with new students
  - Possibly present during health classes
  - Go to middle school in May to help with transition
  - Have a Club Fair in May to help kids get connected to clubs and other high school activities.
- **New Advisors**

## Closure

- **Dates for future Advisor Meetings**  
Our next meeting will be on Tuesday, January 31, 2012, at Prevention Network, 8:15 - 10:15 a.m.